

Advice for Players

Always show respect for team-mates, managers/coaches, opponents and officials.

Always have commitment to your club and pride in your performance.

Always turn up on time for matches and training.

Let your manager know, without delay, if you cannot attend a match or training session for whatever reason.

Be willing to learn and improve. Listen to advice given and ask questions if you don't understand.

Play to win but accept defeat graciously.

Pay your team subs without having to be asked.

Have full and proper gear for matches and training. Clean your boots regularly.

Be on time for training/ matches. Players must wear shin pads when attending training/ matches. Inform the team manager if you cannot attend training/ match.

Help out with equipment before and after matches.

If you feel you are being bullied feel safe to tell your manager or another adult.

Know who the club's Children's Officer is.

