

## **CITAC host Irelands first ever Floodlit Cross Country Competition**

In a weekend of firsts for Irish Cross Country, CITAC were hosts to Irelands first ever floodlit cross country event on Friday night December 11<sup>th</sup>. CIT and UCC battled it out over the 1100m fully floodlit course with 17 competitors toeing the line in the men's 5000m and 9 competitors toeing the line in the women's 2800m offering. UCC's Peter Fennell was an impressive winner in the men's event with Sally McCarthy (UCC) equally dominant in the women's race.

Breaking from tradition in a bit to encourage participation the organisers decided on a policy of '8 athletes to score' in the men's race. This insured that all competitors had an input when it came to deciding the outcome of the team competition and indeed it was UCC's 'strength in depth' that prevailed over CIT's 'quality up front' in an absorbing competition. Similarly in the women's event the ladies from UCC proved their dominance with a comprehensive display of team running.

CIT will host a monthly night time cross country league next winter so watch this space for further information.....

# Floodlit Colours Results (CIT Vs UCC)

## December 11<sup>th</sup> at Cork Institute of Technology

### Men's Race 5000m

1.	Peter Fennell	UCC	17:06
2.	William Hughes	CIT	17:28
3.	Francis Kelleher	CIT	17:50
4.	Andrew Ross	CIT	17:55
5.	Tony Kelleher	UCC	17:58
6.	Dan Weaver	UCC	18:08
7.	John Hurley	UCC	18:14
8.	Ciaran Lane	UCC	18:15
9.	Alan O' Reilly	CIT	18:16
-	Denis Coughlan	Guest	18:16
10.	Shane Maher	UCC	18:41
11.	Owen Cummins	UCC	18:50
12.	Michael Pat O' Regan	CIT	18:50
13.	John Collins	CIT	19:11
14.	Craig Harrington	CIT	19:28
15.	Ronan O' Donoghue	CIT	19:29
16.	Michael Lynch	UCC	19:49

### Team (8 to score)

1.	UCC	(1,5,6,7,8,10,11,16)	= 64
2.	CIT	(2,3,4,9,12,13,14,15)	= 72

### **Women's Race (2800m)**

1.	Sally McCarthy	UCC	10:55
2.	Tara Rhatigan	UCC	12:13
3.	Aisling Moran	UCC	12:23
4.	Aine Moran	UCC	12:48
5.	Noreen Mackey	CIT	12:55
6.	Caoimhe Casey	UCC	13:07
7.	Ava Gaffney	UCC	13:41
8.	Victoria Delgado	UCC	14:35
9.	Mary Kenneally	CIT	13:36

### Team (2 to score)

1.	UCC	(1,2) = 3
2.	CIT	(5,9) = 14



Francis Kelleher on his way to securing 3<sup>rd</sup> position in the inaugural night time 'colours' cross country event



Top three in the ladies race Aisling Moran, Tara Rhatigan and Sally McCarthy



**The course in all it's glory!**



**Top three in the mens race Francis Kelleher, Peter Fennell and William Hughes**