



THE
ALAN EVERETT
MEMORIAL 5 MILE
ROAD RACE

SERIOUS ATHLETES,
FUN RUNNERS,
AND JOGGERS
OF ALL ABILITIES & AGES
ARE WELCOME !!!

Extensive Prize List
for Males & Females,
including Age Categories.

SUNDAY 29 AUGUST 2010
at 12 noon

Woodstown
Co. Waterford

Accurate 5 mile course
Entry Fee: €10 (€12 on the day)

For further details, visit the
Waterford AC website:
www.waterfordac.com