

RESIDENTIAL PROGRAMME 2010

Sunday 28 March – Sunday 4 April

Celebrating the Paschal Mystery – A six day creative journey through Holy Week –
House Team €510

Thursday 1 – Sunday 4 April

Easter Triduum – A reflective and creative celebration of the Easter Liturgy beginning at 10.00 a.m.– *House Team €255*

Saturday 1 May – Friday 7 May

When the Heart speaks – listen well!

Discovering a spirituality of the Heart for today's world. Sue and Wendy have co-laborated closely with the Missionaries of The Sacred Heart for many years in retreat and pastoral ministry. Out of their experience they offer ways to discover the Heart and Compassion of God.
Sue Kimberley & Wendy Quinn €510

Saturday 8 May – Friday 14 May

Truly the Lord was in this place and I did not know it (Gen 28:16) Finding God in the tough places – struggle, loss, doubt and brokenness. A gentle reflective experience to discover heart for our journey.

John Bennett msc & Mike Serrage msc €510

Sunday 16 May – Saturday 22 May

'Dreaming, desiring, despairing, discerning, discovering...' During this retreat we will explore what it might mean to be making a journey towards our authentic selves in God and how we can become more aware of our call to make this journey a reality in our lives.

We will also notice different moments of our lives, and how they might be channels for God's grace and invitations to grow spiritually. The retreat will take place in silence, but there will be opportunities for those who wish to share times of conversation and reflection together, and plenty of time for personal reflection and prayer.
Margaret Silf €510

Monday 24 May – Sunday 30 May

The Story of You and God and Love.

The story of You and God and Love began a long time ago. God's creative dream has been operative in you and in your life from the beginning of time. Through rituals, inputs and guided meditations, this retreat will affirm the sacred story that is yours and nourish you to continue the journey in the company of Love.

Finola Cunnane ssl €510

Wednesday 2 June – Friday 11 June

A Celebration of Love. (Sacred Heart Novena) You are invited to join us for 3 days of reflection looking towards the feast of the Sacred Heart. During these days there are three blocks of three day retreat time. Please contact us for further details

Michael O'Connell msc (Director of the MSC Promotion Office) and House Team

Monday 14 June – Sunday 20 June

God Our Parent

The message of the Old Testament, reinforced

by the message of Jesus, is that our God is, indeed, God of love: a Parent who loves children with divine love. This is the basis of our hope and of our response.

Wilfred Harrington OP €510

Tuesday 22 June – Monday 28 June

Living From The Heart. -- How to slow down, learn to live from the Heart, become more Christ-centred, in order to see God in the ordinary events of everyday life!"

Nick Harnan msc €510

Wednesday 30 June – Tuesday 6 July

'This is the love I mean, not our love for God, but God's love for us when he sent his Son to be the sacrifice that takes our sins away.'

A time to allow the love of God to touch our lives and to bring us healing and forgiveness and then to go out to bring that love to others.

Part of the retreat will be looking at our image of God as revealed in Jesus Christ and how this image can affect the way we live and pray.

Charles Sweeney msc €510



Thursday 8 July – Wednesday 14 July

A Spirituality of Imperfection

At the heart of the Gospel is a great paradox, in the story of the Father and the Two Lost Sons, to mention just one example. In that story it is the son who does everything wrong who falls into grace, while the son who does everything right falls out of grace. Paradox has been described by Chesterton as "Truth standing on her head to attract attention". In this retreat we will try to listen anew to this great paradox which appears several times and in several forms in the teachings of Jesus Christ and its implications for our lives.

Bishop Comiskey SSCC €510

Sunday 18 July – Saturday 24 July

"Walking with Jesus Today".

Tom Cooney OSA €510

Sunday 25 July – Saturday 31 July

At Home In Earth Ecological Spirituality Retreat

Let input, story, contemplation, music, healing, movement, poetry and visual art accompany you as you journey over six days with our Cosmic Story. Awaken to a spirituality that sustains as we reclaim our home in the Sacred Body of Earth. With an MA in Theology and an MA in Spirituality and Culture, Mary Teresa combines her training in education, sacred dance, music & drama to support the attentive listening to our own inner wisdom.

Mary Theresa McCormack €510

Sunday 25 July – Saturday 31 July

Individually Guided Retreat

House Team €540

Sunday 1 August – Saturday 7 August

'I have come so you may have life to the full' (Jn 10:10) This retreat will focus on how can we move towards this promise so that 'our joy will be complete.' We will consider why we behave the way we do, considering the Genesis 'fall from grace' from being 'naked and unafraid' to being 'naked, afraid and hiding.' We will reflect on the tension between our longings and our fears, our fear of dying and the fear of living and our sustained efforts to avoid both. We will look at our choices that determine to what extent we live joy filled lives.

Teddy O'Brien msc €510

Monday 9 August – Sunday 15 August

'Do not let your hearts be troubled. Trust in God still and trust in me.' (John 14:1)

The New Cosmology, Jesus and Global Change. This retreat will reflect on Jesus in the light of the New Creation story as we face global change.

It will involve input, ritual and liturgy.

Con O'Connell msc €510

Tuesday 17 August – Monday 23 August

Experiencing God in the Beauty and Wonder of Creation.

Sean McDonagh SSC €510

Wednesday 25 August – Tuesday 31 August

"Reclaiming Sabbath" – Personal application and reverence for "shabat" – time, through scripture, silence and the senses.

Anne Alcock €510



Thursday 2 September – Wednesday 8 September

Discovering the presence of the Compassionate One in the bits and pieces of our lives. Through ritual, meditation and input this retreat will invite us to take time to notice the unceasing faithful presence of God in our lives. No matter who we are, where we are, what we do, we will reflect on the truth that our God holds us in a welcoming and loving embrace.

Mike Serrage msc €510

Thursday 25 November – Sunday 28 November

Advent Retreat

House Team €255

Friday 10 December – Sunday 12 December

Pre-Christmas Retreat

House Team €170

Grace Dieu Manor is located three miles from Waterford City. Throughout the year we host and develop programmes that we believe enhance the quality of life in our ever-changing world. From days and evenings, through weekends and longer retreats we offer a variety of ways for you to take time for your self – to rest and relax, to be renewed and enriched and enter into the presence of God. Aromatherapy massage available during summer retreats. Individually guided and private retreat space is available throughout the year. Creative spaces available for use of paint and clay, personal processing through movement, walking the Sacred Labyrinth; connecting with the beauty of creation through our extensive grounds and secluded woodlands.

Grace Dieu Manor, Tramore Road, Waterford, Ireland.

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