

## SAFETY MEASURES

- 1 All competitors will wear a unique number on their chest and a strict no number no go policy will be applied. Blank spares will be available at the start for completion by a start official. Competitors will not be allowed to start without a number.
- 2 A strict no whistle no go will also be strictly applied. Whistles will be on sale at the Registration and Information point in the Assembly Area.
- 3 The Organiser for the day will decide on the cagoule policy depending on the weather prospects. The options will be that cagoules are optional, or that they should be carried. Signs to the policy being adopted will be prominently displayed at the assembly area, close to the clear and check stations.
- 4 All starters will be recorded by a start official. All finishers will also be recorded by the independent timing team at the finish line, and checked off against the start list to identify any missing competitors. By locating this function at the finish, it will ensure a quicker response in dealing with any missing competitors and will reduce the chances of 'losing' any competitors between the finish and the SI download point.
- 5 The SI results team will identify the starters from interrogating the check box used at the minus 2 line of the start. By matching off the finishers who have passed through the download process they will be able to identify any missing competitors.
- 6 We have appointed a Safety Coordinator to liaise with the Finish Leader, the SI results team, the Red Cross, the Civil Defence, and the people manning the Communication Points (on Day 2 only). The Safety Coordinator will be responsible for coordinating the rescue of any injured competitor, and for the organization of any rescue party.
- 7 The Red Cross personnel will be located at the finish with their ambulance located as close to this as possible.
- 8 The Civil Defence personnel will be located at the Assembly Area, and at day 2 at one of the communication points. They will be responsible for transporting any injured competitor off the competition area.
- 9 On Day 2, three communication points will be located on the mountain, with their locations marked on competitors' maps. If any competitor becomes injured or incapacitated, they or another competitor should go to the nearest communication point, and the people there firstly report it to the Safety Coordinator by mobile phone, and then attend to the competitor. They will have basic first aid supplies, spare clothes and a shelter.
- 10 In the case of a missing competitor, once all of the usual checks are made, the Organiser may decide to conduct a search of the area. A list of volunteers has been drawn up who can be called upon to conduct the search. At that stage the local police will be informed.
- 11 The Safety Coordinator will maintain an incident log.

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