

● ● ● | Summer Course '09

Course Times & Fees

Saturday 23rd May

11:30 a.m.—1:00 p.m.

1:30 p.m.—3:00 p.m.

Sunday 24th May

10:30 a.m.—12:30p.m.

Full weekend €50

One day €30

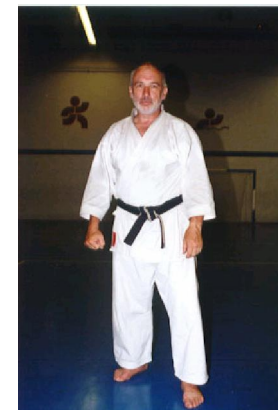
One class €20



Further Information:
Mick Scully: scully_mick@hotmail.com
087-1262067
Colin McDonnell: 086-3856319
www.tullamoreshotokan.cjb.net



Summer Course 2009



With
Sensei Dirk Heene 7th Dan
Shotokan Ryu Kase Ha

23rd/24th May 2009

St Mary's Youth Centre
Tullamore, Co. Offaly
www.tullamoreshotokan.cjb.net

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On the weekend of 23rd & 24th May next, Tullamore Shotokan Karate club will host a course with Sensei Dirk Heene, 7th Dan,

Shotokan Ryu Kase Ha. Don't miss this opportunity to train with one of Europe's top Shotokan instructors.

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Full weekend €50

One day €30

One class €20



Accommodation in Tullamore

Hotels

- Bridge House Hotel 057-9322000 www.bridgehouse.com
- Days Hotel 057- 9360034 www.dayshoteltullamore.com
- Tullamore Court Hotel 057-9346666 www.tullamorecourthotel.ie

Bed & Breakfast

- Brookville House 057-9321385 www.brookvillehouse.com
- Brookside Guest House 057-9351277
- Dinnis Cottage 057-9323528
- Heffernan's B&B 057-9351122
- Loughmore Lodge 057-9320808
- Sea Dew Guest House 057-9352054
- Annagharvey Farm 057-9343544

Trains to Tullamore

www.irishrail.ie or 1850 366222

Buses

www.buseireann.ie 01-8366111

www.kearnstransport.com 057-9120124